

Are You in the Sandwich Generation...Caring for Both Your Parents and Your Children?

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CONCORD, MA The Concord Free Public Library welcomes Janet Simpson Benvenuti on Thursday, March 1 to discuss her memoir, **Don't Give Up on Me**, a moving depiction of the years she spent supporting her parents as a daughter, guardian and advocate and the lessons learned from that experience. Benevenuti appears as part of the library's *Thursday Author Series*.

A graduate of Harvard Business School and the University of Massachusetts, Lowell, Janet has had a successful career as a scientist, pharmaceutical executive, and management consultant. But when her own children were 6 and 3, she became legally responsible for her parents. Her father had been diagnosed with cancer and her mother with Alzheimer's Disease. Family members agreed that her parents would be best cared for in a home setting so she embarked on an uncharted course and moved her family from Princeton, New Jersey to Concord to be closer to her parents.

Drawing on this experience, Janet founded *Circle of Life Partners, LLC*, an organization dedicated to help families protect the personal and financial well-being of older loved ones in 2008. Today her work extends beyond families as an advisor to non-profit organizations in health care, such as the Marino Center for Integrative Medicine, and to new ventures whose mission is to enhance the quality of life for seniors.

The Friends of the Concord Free Public Library sponsor the *Thursday Authors Series* from September through June annually. Programs are free and open to all. Following each presentation, books are typically available for purchase and guests are welcome to continue conversations with the author. For more information, please call the Library at 978 318 3300 or visit www.concordlibrary.org.

Upcoming programs (all in the Main Library – 129 Main Street, Concord, MA):

Thursday, April 19 – Margot Livesey: **The Flight of Gemma Hardy**

Thursday, May 3 - Nancy Aronie: **Writing from the Heart**

Thursday, June 14 – Wendy Swart Grossman: **Behind the Wheel: A Mother's
Journal**

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